



Royal Lymington Yacht Club

Royal Lymington Cup

16th & 17th July 2016

Tide Times –Portsmouth - BST

2016	HW	Ht	LW	Ht
16 July	09:50	4.0	15:10	1.7
17 July	10:50	4.1	15:50	1.5

The Royal Lymington Yacht Club extends a warm welcome to owners and crews of competing yachts and invites them to become temporary members for the duration of the event. Please use and enjoy the Club during the Series.

Sponsored By



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SAILING INSTRUCTIONS

The Organizing Authority is the Royal Lymington Yacht Club.

1. Rules

- 1.1. The event will be governed by the rules as defined in *The Racing Rules of Sailing, (RRS)*.
- 1.2. Boats in the Lymington River, whether racing, proceeding to a race or returning from racing, shall not cause Wightlink ferries to take avoiding action.
- 1.3. Add to RRS 28.1: 'If the Race Committee observes a boat failing to sail the correct course, then she may be disqualified without a hearing.' This also changes RRS A5.
- 1.4. Add to RRS 32.1: '(f) for any reason considered appropriate by the Race Committee.'
- 1.5. Competitors shall comply promptly with any reasonable request by a Club Race Official.

2. Communications with Competitors

- 2.1. Notices to competitors will be posted on the official notice board located in the Royal Lymington Yacht Club.
- 2.2. There will be a briefing for competitors at 20:00 on Friday 15 July 2016.
- 2.3. A list of entries will be published on the official notice board and on the Club website.
- 2.4. The following communications may be made by the Race Committee on VHF Channel 72. If Channel 72 is unworkable Flag T may be displayed on the Committee Boat and Channel 37 (M1) used instead:
 - The race area and race schedule each day at 09:00 daily.
 - Time check thirty minutes before the first start.
 - The approximate location of the Race Committee Boat
 - The use of alternate preparatory signals
 - Postponements, abandonments and time limits.
 - Individual and general recalls
 - The intended time of the next start
 - The times of the first finishers
- 2.5. In addition, the following communication will be sent by text message to those competitors who register a mobile phone number.
 - Postponements or abandonments signalled more than one hour before the scheduled starting signal.
 - Changes of sailing area.

3. Changes to Sailing Instructions

- 3.1. Any change to the Sailing Instructions will be posted before 0900 or no later than 2 hours before the first scheduled race on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

4. Signals made Ashore

- 4.1. Signals made ashore will be displayed from a flagstaff on the upper balcony of the Royal Lymington Yacht Club.
- 4.2. When AP is displayed ashore, '1 minute' is replaced with 'not less than 90 minutes' in the race signal AP. This changes RRS Race Signals.

5. Schedule of Races

- 5.1. Races are scheduled each racing day as follows:

Date	Racing Area	Time of 1st Warning Signal	Number of Races Scheduled each Day
Saturday 16 th July	Christchurch Bay	10:25	4
Sunday 17 th July	Christchurch Bay	10:25	2

- 5.2. The Sailing Area maybe changed because of the conditions. If changed a Notice to Competitors shall be posted at least 2 hours before the scheduled 1st warning signal of the day.
- 5.3. Races that have been postponed or abandoned may be re-sailed at any time as signalled.

- 5.4. When more than one race is scheduled in a day, second and subsequent races will be started as soon as practical.
- 5.5. After a long postponement, or to alert boats that a race or sequence of races will begin soon, an orange flag will be displayed with one sound, at least four minutes before a warning signal is displayed.
- 5.6. On the last scheduled day of the event no warning signal will be made after 14:25.

6. Classes, Class and Event Flags. Rating or Handicap Limits

- 6.1. The event flag will be:

Event	Flag
Royal Lyminster Cup	IC Flag "R"

- 6.2. When a visual signal is displayed under an event flag, the signal applies to all boats in that event. This changes RRS Race Signals.

7. Racing Areas

- 7.1. The locations of the racing areas are shown in Attachment A.

8. Courses

- 8.1. The courses are described in Attachment A.

9. Marks

- 9.1. The marks are described in Attachment A.

10. Areas that are Obstructions

- 10.1. There are no areas designated as obstructions.

11. The Start

- 11.1. Races will be started by using RRS 26 with the warning signal made 5 minutes before the starting signal and the preparatory signal one minute later.
- 11.2. The starting line is described in Attachment A.
- 11.3. A boat starting later than 10 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A4 and A5.
- 11.4. If flag U has been displayed as the preparatory signal, no part of a boat's hull, crew, or equipment shall be in the triangle formed by the ends of the starting line and the first mark during the last minute before her starting signal. If a boat breaks this rule and is identified, she shall be disqualified without a hearing but not if the race is restarted or resailed. This changes RRS 26 and A5.

12. Change of Course

- 12.1. The system for changing the course is described in Attachment A.

13. The Finish

- 13.1. The finishing line is described in Attachment A.

14. Penalty System

- 14.1. Exoneration Penalty.

A boat that may have broken a rule of RRS Part 2, or RRS 31 or RRS 42, may, after finishing the race concerned and before the start of a related protest hearing, notify the Race Committee that she accepts a 20% scoring penalty as stated in RRS 44.3(c), (except that the minimum penalty is two places if that does not result in a score worse than DNF). This penalty does not reverse an OCS score, a disqualification under RRS 30.3 or a penalty under RRS Appendix P. It is not available for a breach of RRS 2 or of class rules or for gross misconduct under RRS 69. Nor is it available to a boat that caused injury or serious damage, or gained a significant advantage by her breach: in these circumstances, her penalty is to retire.

14.2. When an Exoneration Penalty is accepted:

(a) Neither the boat nor a Protest Committee may then revoke or remove the penalty.

(b) The boat shall not be penalized further in a protest hearing when the Protest Committee decides that it was appropriate to the facts found and the applicable rules.

15. Time Limits and Target Times

15.1. The time limit shall be 100 minutes and target time shall be 60 minute.

15.2. Boats failing to finish within 20 minutes after the first boat that has started correctly, sailed the course and finishes will be scored Did Not Finish without a hearing. This changes rules 35, A4 and A5.

16. Protests and Requests for Redress

16.1. Boats intending to protest about an incident during a race shall inform the race committee signal boat as soon as possible after finishing the race during which the relevant incident took place.

16.2. The protest time limit is 120 minutes after the last boat has finished the last race of the day. Protest forms are available at the race office. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.

16.3. Notices will be posted no later than 20 minutes after the protest time limit of the day to inform competitors of hearings in which they are parties or named as witnesses.

16.4. Notices of protests by the race committee or protest committee will be posted to inform boats under rule 61.1(b) before the protest time limit.

16.5. Breaches of instructions 18, 20 & 22 will not be grounds for a protest by a boat. This changes rule 60.1(a).

16.6. Penalties for breaches of rules, except RRS Part 1 and 2 are at the discretion of the protest committee.

16.7. On the last scheduled day of racing a request for reopening a hearing shall be delivered

(a) within the protest time limit if the requesting party was informed of the decision on the previous day;

(b) no later than 30 minutes after the requesting party was informed of the decision on that day.

This changes rule 66.

16.8. On the last scheduled day of racing a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes rule 62.2.

16.9. A boat that has taken a penalty under 44.1 shall complete an acknowledgement form at the Race Office within the Protest Time Limit.

16.10. Competitors are requested to advise the finishing boat by VHF if intending to lodge a protest or seek redress.

17. Scoring

17.1. The minimum number of races to constitute a series is 3.

17.2. A boat's series score will be the total of her race scores.

17.3. A team's series score will be the total of the individual series scores of the boats representing the team.

18. Safety Regulations and Risk Statement

18.1. A boat that retires from a race shall notify the Race Committee as soon as possible. Boats may call 07704615631 to report their retirement.

18.2. Rule 4 of the RRS states: "The responsibility for a boat's decision to participate in a race or to continue to race is hers alone." Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- (a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- (b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- (c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- (d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
- (e) The provision of a race management team, patrol boats and other officials and volunteers by the race organiser does not relieve them of their own responsibilities;
- (f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances;

19. Replacement of Crew

20. Substitution of competitors after the first race will not be allowed without prior written approval of the race committee.

21. Advertising

21.1. Boats may be required to display advertising supplied by the Organizing Authority.

22. Official Boats

22.1. A pin end boat may be used to identify boats OCS at the start. It will be identified by the display of a white flag with the Club Logo and the letters RC on it.

22.2. Protest Committee Boat with a flag with the word JURY on it.

22.3. Race Committee boats will be identified by the display of a white flag the Club Logo and the letters RC on it.

23. Support Boats

23.1. Team leaders, coaches and other support personnel shall stay outside areas where boats are racing from the time of the preparatory signal for the first Class to start until all boats have

finished or retired or the Race Committee signals a postponement, general recall or abandonment.

23.2. A breach of this Sailing Instruction may result in a penalty being imposed on the boats associated with the support boat.

24. Prizes

24.1. Prizes will be presented as soon as possible after racing on Sunday 17th July 2016. A provisional time is 15:30.

25. Insurance

25.1. Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £2 million per event or the equivalent.

FURTHER INFORMATION

The incoming and outgoing ferries cross one another just south of the mouth of the Lymington River. Competitors need to be particularly wary in this area. As navigation aids to ferry skippers, two black and white posts on the east side and two red and white posts on the west side have been erected near the point where the ferries cross.

Competitors must be aware that the Wightlink ferries are operating a commercial service in restricted waters and have little room for manoeuvre to avoid obstructions. As a rule of thumb, whilst sailing within the river channel, boats are advised to maintain a distance of not less than two ferry lengths ahead of a ferry. Every effort must be made to avoid interference with their navigation in the river.

SAILING INSTRUCTIONS
ATTACHMENT A
RACE AREA, MARKS & COURSES

A1. The Race Area

The race area will be as stated in SI 5.

A2. Starting Marks and Starting Line

A2.1. The starting line marks will be:

Starting Line	Inner Mark	Inner Limit Mark (if laid)	Outer Mark
Committee Boat	Staff with orange flag on Committee Boat	Orange Inflatable buoy	Orange buoy with blue striped waist

A2.2. In certain conditions, Two outer marks may be laid. In such a case:-

A2.2.1. When a horizontally striped board is displayed on the Committee Boat at the preparatory signal, the buoy with horizontal stripes will be the outer starting line mark.

A2.2.2. When a vertically striped board is displayed on the Committee Boat at the preparatory signal, the buoy with vertical stripes will be the outer starting line mark.

A2.3. The starting line will be between the course side of inner and outer starting marks. The Committee Boat, may be at either end of the line.

A2.4. The inner limit mark is a starting mark, and shall have the same required side as the Committee Boat.

A2.5. Before a boat's first start of each day she shall pass the Committee Boat so that her sail number is clearly visible to the Race Committee.

A3. Marks of the Course

A3.1. The following other marks will be used:

Name	Description of Mark:
Mark One	Black Inflatable
Mark Two	Blue Inflatable
Gate Three	Orange Inflatables x2

A3.2. The replacement Mark 1 when the course is changed will be a yellow inflatable buoy.

A3.3. If only one of the Gate marks is laid, boats shall round it in the same direction as Mark 1.

A4. Finishing Marks and Finishing Line

A4.1. The finishing line marks will be:

Finishing Line	Inner Mark	Inner Limit Mark (If laid)	Outer Mark
Committee Boat Finish	Staff with orange flag on the Committee Boat	Orange Inflatable Buoy	Orange buoy with black and white chequered waist.

A4.2. The finishing line will be between the course side of the inner and outer finishing marks, and will normally be on the opposite side of the committee boat to the start.

A5. Courses

In certain conditions cross tides may necessitate starboard roundings.

A5.1. One of four courses will be sailed:-

Red 1 - signalled by the display of a Red flag over NP 1 on the committee signal boat

Red 2 - signalled by the display of a Red flag over NP 2 on the committee signal boat

Green 1 – signalled by the display of a Green flag over NP 1 on the committee signal boat

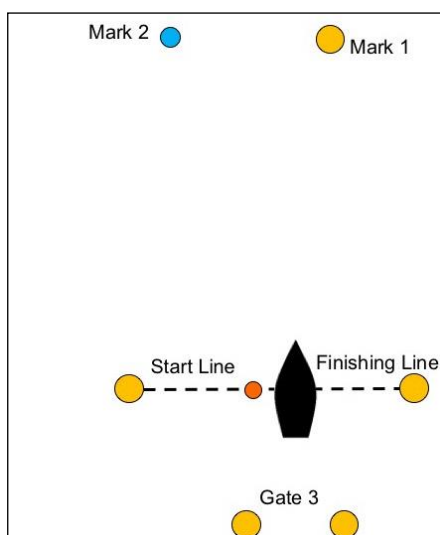
Green 2 – signalled by the display of a Green flag over NP 2 on the committee signal boat

A5.2. The course configuration and the side to round the marks for each course will be as follows:

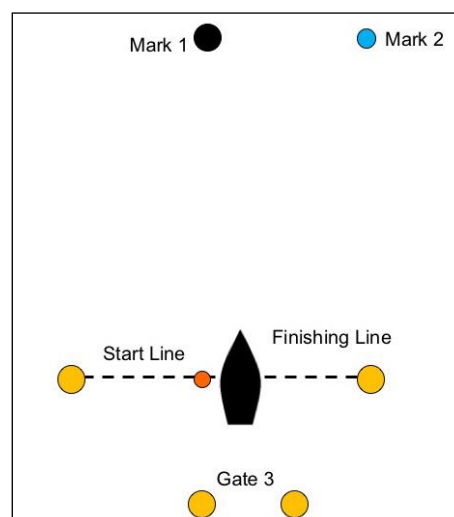
Red Courses – Mark 1 and 2 to be left to port

Green Courses – Mark 1 and 2 to be left to starboard

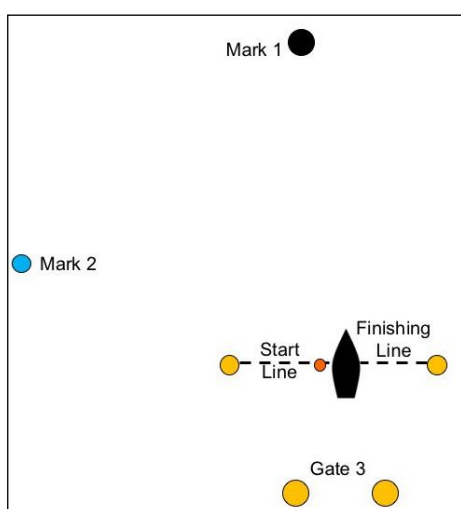
Red 1 Course



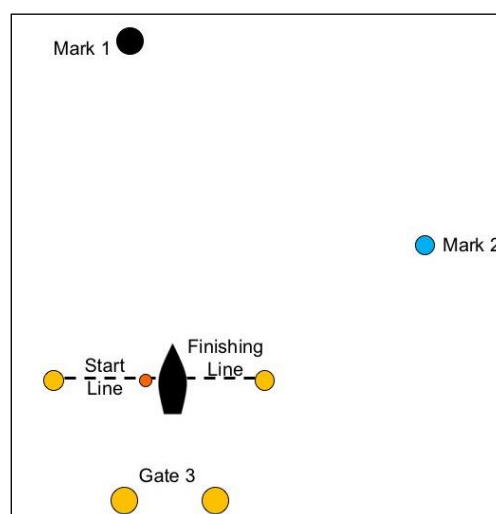
Green 1 Course



Red 2 Course



Green 2 Course



The distance of legs and the angle between marks may not be as shown. The Committee Boat can be at either end of the start and finishing line.

A5.3. The course for Red 1, and Green 1 is: Mark 1, Mark 2, Gate 3, Finishing Line, Mark 1, Mark 2, Gate 3, Finish.

A5.4. The course for Red 2 and Green 2 is: Mark 1, Mark 2, Gate 3, Finishing Line, Mark 1, Gate 3, Finish.

A6. Change of the Next Leg of the Course

A6.1. In addition to Rule 33, to change the next leg of the course, the race committee may lay a new mark. The original mark will be removed as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.

A7. Obstructions

A7.1. There are no areas designated as obstructions in the race areas.